

Domestic Violence and the NFL: A Perspective from the Front Lines

The NFL (and all ages of football) teaches men to be gladiators. They are to conquer their opponent through physical violence while seeking to be the best at their position. Men are trained to “muster up” within themselves, an anger and willingness to be physical on every play.

Many people love football and cannot wait each year for the start of the season.

As the issue of domestic violence is in the news concerning NFL, it is worth asking. Is football the cause of domestic violence?

We at Shirley's House of Hope believe the answer is no.

Domestic violence can become a way of life for any man, playing any sport, or no sport at all. Domestic

violence is not just physical abuse; it usually includes psychological, spiritual, social, financial, and verbal abuse as well.

While we see the cases of men in the NFL drawing awareness to the issue, it also makes it known that men we thought to be role models, were living a secret life. The issue of anger and domestic violence is well documented for men of all cultures and backgrounds.

At Shirley's House of Hope we see that women from all socio-economic levels, all ages, and many different cultures experience abuse. Women who experience abuse as a child face many challenges to learn how to make healthy lifestyle choices. We see abusers as victims of a violent society and seek to connect them with others who can counsel them and model new ways of dealing with conflict and develop healthy relationships.

What we do at SHOH is provide the following services for women hurting from abuse:

Rebuild - Emergency shelter is provided for women who are in imminent danger, in need of shelter for a few weeks until they can secure safe housing for themselves and their children.

Restore - Healing Program includes classes, counseling, case management, advocacy and support group services.

Rebuild - Transitional Services for women who need assistance with securing a job and housing when they have graduated from the program.

What we hope for at SHOH is: Men who seek help to deal with their anger. Men who love and honor their wives/girlfriends. Women who recognize and seek help at the first sign of domestic violence.

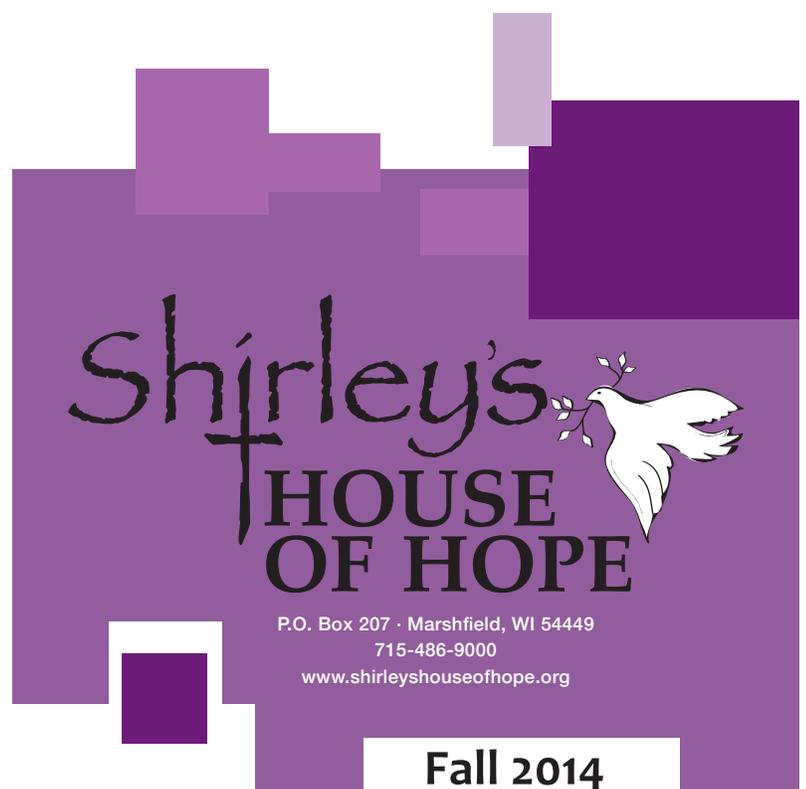
How can you help?

Promote an awareness that domestic violence is a problem of epidemic proportions. The NFL has gone a long way to support Breast Cancer that affects 1 in 6 women. Domestic violence affects 1 in 3 women.

Get involved and make a difference by volunteering your time and talent to answer phones, help with fundraising, run errands, prepare rooms for women, or

lend a listening ear. Consider donating personal care items and cleaning supplies, provide funds to pay for housing and program supplies.

Shirley's House of Hope is a vital community resource with a commitment to make a difference in the lives of every woman and child hurting from abuse. Thank you for your partnership.



Volunteer Highlights: Linda Stini

"As a new retiree I knew I needed to repay society and God for the many blessings I have had in life. I heard of Shirley's House of Hope and thought I would apply to be a volunteer. This has been one of the most rewarding experiences of my life.

Seeing clients come into SHOH broken and alone and watching them grow has been amazing. Their growth spiritually and emotionally is truly a blessing. ***Watching clients become renewed with God and ready to start a new life has been remarkable.***

God has blessed me with the opportunity to be a small part of these women's lives. It has showed me the strength faith can give us all. I am very thankful that God has led me to Shirley's House of Hope."



Linda is a dedicated volunteer that is passionate about meeting the needs of each woman at SHOH. We are thankful for her servants' heart and bright smile that she brings to Shirley's.

CELEBRATING VOLUNTEERS!



Thank you to all who volunteer at Shirley's House of Hope. It is estimated that we average 250-300 volunteer hours every week.

That seems like a lot of hours, but when we start to calculate the hours volunteers spend, answering doors, teaching classes, counseling, doing case management, leading support group, mowing the lawn, shoveling snow, staining the fence, washing windows, running errands, preparing rooms for new clients, working with finances, taxes, paying bills, speaking on behalf of SHOH, being on the board, preparing for and hosting fundraising events, etc., it is much easier to under-

stand how the hours could add up so quickly.

SHOH exists only because people in this community care about women and children hurting from abuse enough to volunteer their time and talent in a significant way. Thank you to everyone who has been a part of Shirley's. Over 200 women and children have been served in the past 4 years!

Our 4th Annual Volunteer Recognition Event was held on Sunday, October 19th, at Wildwood Park. Thank you Vickie for all your planning and preparation for a wonderful afternoon of celebrating all that God has done in the lives of those hurting from domestic violence and in our own hearts as well. What a privilege it is to serve our King with such amazing volunteers!

Blessings,
Sue and Julie

Women of Hope with Rhea Briscoe Benefits Shirley's House of Hope

A powerful message of hope was brought to women of central Wisconsin by Rhea Briscoe, on Saturday, September 27th at Faith Fellowship Church. **Over 160 women were in attendance for a special day filled with hope and refreshment.**

Rhea shared her story of faith and victory over challenging trials she faced as a teen and wife. Her determination to be real and honest with women attending gave women hope for breaking free from destructive life choices. Women were challenged to develop an intimate relationship with Jesus and give him first priority in their lives.

Shirley's House of Hope would like to thank the following churches that

worked together to make this a special event for all who attended: *Calvary Bible, Center City, Cornerstone Community, East Gate Alliance, Faith Fellowship, Redeemer Christian and North Ridge.*

Thank you to the following businesses who contributed goods for the event: Festival Foods, Hiller's True Value, Pick'n Save, ShopKo, Target and Walmart. Our event Sponsor was Hotel Marshfield. We would also like to thank the Marshfield News-Herald, Wisconsin Christian News, WDLB, WGNV and 89Q for advertising the event.

Thank you to every woman who attended. It is our prayer that you were blessed as you were a blessing to SHOH. It was an exciting to work together as women of faith to make this event possible. The benefit for SHOH raised over \$3,500 to rebuild, renew and restore lives of women and children hurting from domestic violence.



Needs List

Pillows
Pillow Cases
Pillow Protectors
Bath Towels

Non-Stick Frying Pans
Laundry Baskets

Alarm Clocks
Can Opener
Plastic Glasses with and
without lids
Room Fresheners
Combs and Hair Brushes

Emery Boards
Nail Clippers

Hand Sanitizer
Liquid Hand Soap
Dishwasher Detergent

Lysol
Bathroom and Shower Cleaner
Fabuloso or Spic & Span
Laundry Detergent
Fabric Softener
Paper Towels
Toilet Paper
Kleenex

13 Gallon Kitchen Garbage Bags
1 quart Ziploc Bags
Sandwich Ziploc Bags

If you would like to help
meet any of these needs
please give us a call at

715-486-9000

Thank you!

Support Shirley's House of Hope

If you like to shop on the internet consider selecting SHOH to receive a percentage of your purchase price with the following options.

1) **Market America** an ultimate online destination, offering over 35 million products and services from hundreds of the world's most popular retailers.

Earn incredible cashback on your purchases and SHOH receives royalties for these purchases.

Setting up an account is safe, easy, and confidential. If you put sue.poole976@gmail.com as the person who



referred you in the signup, SHOH will receive an additional ½% in royalties.

Visit www.shopshirleyhouseofhope.org to set up an account today.

If you have any questions or would like help with your account, finding specific products or even finding what you may be in the market for, contact Lynne Frane, your personal shopper at 715-267-6849.

2) **Amazon.com** has an "Amazon Smile" program that we are eligible to receive a percentage of your purchases through. Please select Shirley's House of Hope as a recipient when making your purchases.

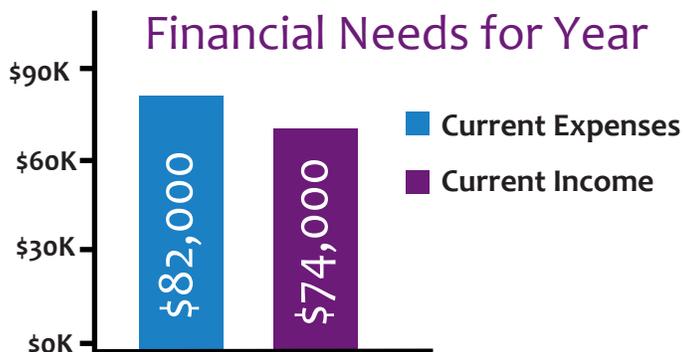
Financial Needs

With the NFL heightening the awareness of domestic violence our hope is that more people will take action to end domestic violence. Programs that bring healing and stop the cycle of abuse are vital to promoting healthy families and strong communities.

The past four years we've served over 200 women and children. This year we have seen an increase in the number of women in need of shelter services. **We have already provided emergency and healing program services for 65 women and children in 2014.**

Your financial gift will be used to meet basic needs and program services so the healing process can begin in the lives of those in need of shelter. **Please give generously.** Your gift restores hope and lives of women and children hurting from domestic violence.

These donation options are available: use the enclosed donation form, online with Pay Pal or First Giving, EFT (call or send a request to sign up), or through your personal banking account.



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"A Place to Rebuild, Renew and Restore..."